## Christmas & Winter Newsletter 2020/2021

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As you know, Christmas and the holidays are a time of getting together with family and friends to reconnect and share the Love & special moments in our lives and celebrate

the birth of Jesus Christ. They can also be a time of stress; with all of the Christmas shopping, crowded stores and grid-locked traffic, fighting for parking spots and the last toy on the shelf...Oh, wait, all of that stuff isn't that bad this year. This year there's a much different kind of stress that has unfortunately overcome us during these wonderful holidays...covid. Even though times are very different and more stressful than usual, now more than ever, we should all remember to Love thy neighbor and show respect and gratitude toward each other. It doesn't cost a thing and you may be surprised how it can wash away stress and cheer you up!

Just remember, the holidays are about <u>Love</u>, <u>Peace</u>, and <u>Gratitude</u> to others and ourselves and being around family and friends and all the ones you love. Just embracing these things will help eliminate stress and put a big smile on your face.

With the New Year also comes rebirth and renewing who we are. Most of us try to have and do resolutions for the new year to better ourselves. Whether it's physically getting back in shape and healthier for warmer weather or mentally calming and quieting our mind, learning something new and not overloading our thoughts or emotionally/spiritually reconnecting with our loved ones and God or Higher Creator. Whatever you wind up doing, just do it for yourself and most of all, have fun!

Please enjoy the Specials we are offering to help lift your Health & Spirits during these still trying times.

We at BioHarmony are always here to help

make you and your Holidays

Merrier and Healthier!

Please let us know how we can help.

## Christmas & Winter Specials 2020/2021

- 3 hours PEMF for \$99. Must be completed within 2 weeks from purchase. New Patient Initial visit only. One time purchase only. \$201 Savings!
- 3 hours PEMF for \$199. Must be completed within 2 weeks from purchase. One time purchase only. \$101 Savings!
- 5 hours PEMF for \$450. Must be completed within 5 weeks from purchase.
   \$50 Savings!
- 10 hours PEMF for \$850. Must be completed within 10 weeks from purchase.
  \$150 Savings!
- 20 hours PEMF for \$1,640. Must be completed within 20 weeks from purchase. \$360 Savings!
- ▼ 30 hours PEMF for \$2,370. Must be completed within 30 weeks from purchase. \$630 Savings!
- ◆ Add a Bionetic Polarity Balancing (BPB) session or ECPR session or GNM consult for \$75 with purchase of a 5 hour PEMF! Add a BPB or ECPR or GNM session/consult for \$75 for every 5 hours of PEMF! (10 hrs PEMF = 2 sessions of any of the above for \$150, and so on)
- ▼ Purchase 1 month of Wing Chun Kung Fu training and get second month
  at 50% off and 3rd month at 25% off (total \$393.75) \$131.25 savings!

\*Must be paid in full at time of purchase \*Cannot be combined with any other discounts or transferred \*5, 10, 20, & 30 hour PEMF can be purchased again up to 3 times, each time being completed within the respective time frame (Some exceptions apply to time frame) \*Nutrition not included with BPB sessions \*BPB sessions must be used within 6 weeks for each one \*ECPR sessions and GNM consults must be used within 1 week for each one \*Wing Chun Kung Fu Training does not include uniform & can be purchased a maximum of 2 times \*Refunds taken off regular prices \*Good thru March 18, 2021 (last day of Winter!)